

# DEBORAH GETTY

## Work Address:

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## EDUCATION

### **University of California at Berkeley** *Berkeley, California*

Doctor of Philosophy, Physical Education, Emphasis in Sport Psychology (1996)

Dissertation: *The Relationship of Goal Orientation to Perceived Sport*

*Competence, Social Interdependence, Sociomoral Reasoning, and Sport Participation for Sixth Grade Girls and Boys*

### **University of Arizona** *Tucson, Arizona*

Master of Science, Physical Education, Emphasis in Exercise Physiology

Thesis: *Effect of Aerobic Exercise on Mood and Plasma Beta-Endorphin*

*Levels*

### **State University of New York College at Cortland** *Cortland, New York*

Bachelor of Science, Physical Education, Teaching Certification in Physical Education, K-12

\*Outstanding Student Athlete, 1976

## WORK

## EXPERIENCE

### **Virginia Commonwealth University**

*2003-present*

#### **Assistant Professor, Collateral Faculty**

\*Teach undergraduate courses:

*Psychosocial Aspects of Sport, Exercise Psychology, Methods & Curriculum of Health Education, Team Sports, Individual Sports & Lifelong Leisure Activity, Strength, Endurance & Flexibility Training*

\*Advise undergraduate students

\*Serve on faculty committees

### **Virginia Commonwealth University**

*2000-2002*

#### **Assistant Professor, Tenure Track**

\*Teach undergraduate courses in sport psychology & pedagogy:

*Psychosocial Aspects of Sport, Exercise Psychology, Coping & Adaptation, Practicum Field Experience for Teachers, Team Sports*

\*Teach graduate courses in sport psychology:

*Psychosocial Aspects of Sport, Psychology of Physical Activity*

\*Advise undergraduate and graduate students

\*Serve on School and University Committees

\*School of Education Award for Excellence in Teaching, *Virginia Commonwealth University, 2001*

**Virginia Commonwealth University** *1996-2000*  
**Assistant Professor; Program Head, Undergraduate Teaching Track**

- \*Assisted in scheduling classes, planning faculty loads, recruiting & supervising adjunct faculty for teaching track
- \*Coordinated teaching track faculty in curriculum development and accreditation
- \*Inventory equipment for selected activity courses; budget for new equipment
- \*Conducted initial advising with new students in the teaching track
- \*Taught undergraduate & graduate courses in sport psychology & pedagogy
- \*Advised undergraduate and graduate students
- \*Served on School and University Committees

**Virginia Commonwealth University** *1991-1996*  
**Instructor**

- \*Taught undergraduate courses in pedagogy:  
*Introduction to Health & Physical Education Professions, Sport Psychology, Coping & Adaptation, Field Hockey, Soccer, Track & Field, Softball, Basketball, Recreational Games, Archery, Badminton & Bowling*
- \*Advised undergraduate and graduate students
- \*Served on School and University Committees
- \*Charles P. Ruch Award for Excellence in Teaching, *Virginia Commonwealth University School of Education, 1996*

**University of California at Berkeley** *1988-1991*  
**Graduate Student Instructor; Doctoral Student**

- \*Taught activity courses in the Physical Education Service Program:  
*Racquetball, Tennis, Basketball, Fitness*
- \*Assisted in teaching undergraduate Sport Psychology course
- \*Volunteered as a physical education instructor for 4<sup>th</sup> grade class at Golden Gate Elementary School, Oakland, CA (1989-91)
- \*Outstanding Graduate Student Instructor, *University of California at Berkeley Physical Education Department, 1991*

**Virginia Commonwealth University** *1982-1988*  
**Women=s Basketball Coach; Instructor**

- \*Coached & administered Division I Women=s Basketball Program (1982-1984)

- \*Taught Service and Majors= Activity Courses:  
*Racquetball, Basketball, Soccer, Fitness & Weight Control, Badminton*
- \*Advised undergraduate students
- \*Outstanding Faculty Member, *Virginia Commonwealth University Department of Health and Physical Education, 1986*

**University of Arizona** *1980-1982*  
**Graduate Teaching Assistant; Graduate Assistant, Women=s Basketball**

- \*Taught Service Activity Courses:  
*Fencing, Racquetball, Tennis, Golf*
- \*Assisted with the Women=s Basketball Team (1981-82)

**Sport Psychology Consulting**

- \*Consulted with VCU Men’s Golf Team (2005)
- \*Consulted with the United States National Women’s Soccer Program: Under-14 Team, Under-16 Team & Under-19 Team (2002-2004)
- \*Served as Educational Specialist for the National Youth Sports Program (June-July, 1991-2004)
- \*Served as Educational Specialist for the Extended National Youth Sports Program—Girls Sports Clinics (2001-2004)
- \*Conducted mental skills training and consult with Longwood University Women’s Lacrosse Team (2002)

**PROFESSIONAL MEMBERSHIPS**

Association for the Advancement of Applied Sport Psychology  
 Member *1991-Present*  
 Chair, Performance Enhancement/Intervention Committee *2006-present*  
 Committee Member, Performance Enhancement/Intervention Committee *2003-2005*  
 Committee Member, Outreach Committee *1999*  
 Committee Member, Continuing Education Committee *2001-2005*  
 American Alliance of Health, Physical Education, Recreation & Dance  
 Member *1993-Present*

Virginia Association of Health, Physical Education, Recreation & Dance  
 Member *1996-Present*

**PUBLICATIONS**

Bredemeier, B., Desertrain, G., Fisher, L., Getty, D., Slocum, N., Stephens, D., &

Warren, J. (1991). Epistemological perspectives among women who participate in physical activity. *Journal of Applied Sport Psychology*, 3, 87-101.

Williams, J. & Getty, D. (1986). Effects of levels of exercise on psychological mood states, physical fitness and plasma beta-endorphin. *Perceptual and Motor Skills*, 63, 1099-1105.

DeMeersman, R., Getty, D., & Schaefer, D. (1982). Sympathomimetics and exercise enhancement: All in the mind? *Pharmacology, Biochemistry, and Behavior*, 28, 361-365.

## PRESENTATIONS

*“Teambuilding Activities for Sport Performance Success”*  
University of Virginia Annual Sport Psychology Conference  
June, 2002-2005

*A Nice is Not Enough: Teaching Methodology Counts@*  
Virginia Association for Health, Physical Education, Recreation, & Dance  
November, 2001

*A Performance Anxiety@*  
Manakin-Sabot Horseback Riding Club  
September, 2001

*A Sport Participation and Gender: Motivation, Morality and Meaning@*  
Sport, Character & Culture Conference  
University of Notre Dame  
May, 2001

*A Athletes are Athletes....How to Motivate Them@*  
Virginia Special Olympics Annual Fall Conference  
September, 1998

*A Serving the Underserved Through Physical Activity: National Youth Sports Program@*  
University of Virginia 20<sup>th</sup> Annual Sport Psychology Conference  
June, 1997

*A Let's Build Character Through Sport@*  
Youth Sport Coaches Workshop, AAHPERD Conference  
March, 1997

*A Total Fitness@ Fitness Seminar*  
Chesterfield County Public Schools, Staff Development  
March, 1997

*A Badminton Workshop@*  
Chesterfield County Public Schools, In-Service Workshop  
*February, 1997*

*ATotal Fitness@ Workshop*  
New Kent County Public Schools, In-Service Workshop  
*January, 1997*

*AWho Says Sports Builds Character?@*  
VCU Honors Seminar  
*September, 1996*